



During Lent this year, we will be praying with the words of John the Evangelist from *The Gospel According to John and First Letter of John*. These two texts describe how God, out of deep love, sends Jesus into the world to live among us. By learning from Jesus and his teachings about the God he calls 'Father,' we will discover God as One who longs for deep intimacy with each of us.

Lenten Reflection, led by The Reverend Ed Dunfield, will be held at St. Paul's Cathedral (Cloister) Wednesday evenings at 7:00 p.m. throughout Lent beginning Feb. 21<sup>st</sup> thru to and including Mar. 28<sup>th</sup>.

*Registration for this Lenten Reflection is quick and easy. Please email [ed.dunfield@gmail.com](mailto:ed.dunfield@gmail.com) or call the Cathedral office @ **(306) 522-6439 ext. 2**. Registration will ensure you have a Companion Prayer Journal where you will be able to write your own reflections.*

This Lenten reflection was developed by the Society of St. John the Divine and the Virginia School of Theology.